

## LOWER SCHOOL OPTIONS

### MONDAY class dates:

Monday, January 13 - April 28, 2025

No Class Dates : 1/20, 2/17, 2/24, 3/17

### **Sticky Fingers Cooking Class (Grades K-4)**

**Instructor:** Sticky Fingers

**When:** Monday, 3:00-4:00 pm – 12 sessions

**Cost:** \$345

**Max number of students:** 12

Join our 'COOL'inary Cooking Club! Your kids can have a blast every week discovering how easy and fun it is to cook (and gobble up!) tasty, healthy globally-inspired recipes! Our interactive cooking classes incorporate S.T.E.A.M., culture, language, geography, history, and more. Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes (all seasonal and local as possible!), master culinary skills (that they can put to good use in family kitchens!), and nourish their bodies and minds. Our talented and experienced chef instructors bring all ingredients, district-approved equipment, and supplies to lead an engaging, fun, and interactive cooking class with your young chefs in training.

Our cooking classes are a BLAST for all ages!

ALL ALLERGIES ARE ACCOMMODATED and our recipes are always NUT-FREE. Cook up some fun with it all school year- you'll never repeat a recipe!

### **Creative Movement (Grades 1-4)**

**Instructor:** Emma Reith

**When:** Monday, 3:00-4:00 pm – 12 sessions

**Cost:** \$435

**Max number of students:** 10

Calling all creative movers!

This class will teach dance techniques influenced by modern and hip-hop dance while encouraging emotional expression and storytelling through movement. Each class will include a warm-up, movement across the floor and center floor, and short dance combinations that will be built into a piece.

Dancing with these intentions will deepen students' relationships with their bodies, enhance spatial awareness and quick decision-making skills, increase self-confidence, and so much more!

**TUESDAY class dates:**

Tuesday, January 14 - April 8, 2025

No Class Dates: 3/18

**Little Future Engineer's Lego Robotics (Grades K-2)**

**Instructor:** Robotics Academy

**When:** Thursday, 3:00-4:00 pm – 12 sessions

**Cost:** \$215

**Max number of students:** 12

Building a foundation for Mechanical Engineering! Inspiring children to explore and challenge their own creative potential, and ignite a passion for STEM education! Engaging and hands-on learning experience with hundreds of cool Lego blocks and technical elements. Boost your Imagination and Unleash your creativity by manipulating Legos and Enhance your problem-solving skills. Learn basic engineering concepts while having fun building and experimenting with designing new things, which helps solve problems and leads to new ideas.

**WEDNESDAY class dates:**

Wednesday, January 15 - April 9, 2025

No Class Dates: 3/19

**ATX Yoga Girl (Grades K-4)**

**Instructor:** Cynthia Bernard

**When:** Wednesday, 3:00-4:00 pm -12 sessions

**Cost:** \$420

**Max number of students:** 13

Cynthia Bernard, Founder of ATX Yoga Girl incorporates movement, breath, yoga games, and mindful experiences that promote strength, self-esteem, coordination, resilience, focus, and calm.

Essential skills for living in today's ever more stressful world. A unique after-school program that helps improve mental, emotional, and physical well-being in a safe, supportive environment.

**Coding Club (Grades K-4)****Instructor:** My Coding Place**When:** Wednesdays 3:00-4:00 pm -12 sessions**Cost:** \$525**Max Number of students:** 12

Join us for Coding Club at your school!

Coding Club is not just about coding, it will cover broader topics like typing, Internet safety, and technology literacy.

What is a computer and its history? What is memory, Bluetooth, the cloud, and cookies? What is ChatGPT? We will learn these topics through fun games, videos or coding projects. Students will be grouped by age and will learn age-appropriate content. Older students may be introduced to the binary system and younger students will be introduced to mouse skills.

Coding Club will introduce students to Scratch, a drag-and-drop block coding platform and community that will allow them to create games, stories, and animations. K-1st graders will learn to use Scratch Jr for pre-readers. Students will occasionally be paired to work together on projects and will demonstrate their work to other students. They will spend time online and offline learning critical thinking skills and how to think algorithmically. Students who have participated in our coding classes in the past will benefit from repetition and practice as learning to code is similar to learning music, requiring exposure to different patterns and arrangements.

Projects are updated to challenge returning students.

**THURSDAY class dates:**

Thursday January 16 - April 10, 2025

No Class Dates: 3/20

**Freestyle Sports (Grades K-4)****Instructor:** Jasper Eden**When:** Thursdays 3:00-4:00 pm – 12 sessions**Cost:** \$420**Max number of students:** 20

Freestyle Sports provides a multi-sport program for the lower school, where we work on one sport for a few weeks in a row, four different sports total (basketball, soccer, volleyball, baseball). Each sport will start with an introduction in the first class and by the last class, the group will have a basic understanding of all components of that sport.

### **Lower School Art Studies (Grades 1-4)**

**Instructor:** Holly Melear

**When:** Thursdays 3:00-4:00 – 12 sessions

**Cost:** \$375

**Max number of students:** 17

Hello GSA Community!

I am excited to open for 1-4th grade after-school art for the Spring semester! I hope that your young artist can join me!

Snacks will be included at the beginning of each class. Some of the projects I am planning include:

- Ceramic boxes with whimsical lids and feet
- Pictionary
- Mix Media Study
- Charcoal Studies
- Pastel Skies Studies

It's going to be messy fun! Grab your spot now,

Artistically yours,

Ms. Melear

#### **FRIDAY Class Dates:**

Friday January 17 - April 25, 2025

No Class Dates: 2/14, 3/21, 4/18

### **Sticky Fingers Cooking Class (Grades K-4)**

**Instructor:** Sticky Fingers

**When:** Monday, 3:00-4:00 pm – 12 sessions

**Cost:** \$345

**Max number of students:** 12

Join our 'COOL'inary Cooking Club! Your kids can have a blast every week discovering how easy and fun it is to cook (and gobble up!) tasty, healthy globally-inspired recipes! Our interactive cooking classes incorporate S.T.E.A.M., culture, language, geography, history, and more. Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes (all seasonal and local as possible!), master culinary skills (that they can put to good use in family kitchens!), and nourish their bodies and minds. Our talented and experienced chef instructors bring all ingredients, district-approved equipment, and supplies to lead an engaging, fun, and interactive cooking class with your young chefs in training.

Our cooking classes are a BLAST for all ages!

ALL ALLERGIES ARE ACCOMMODATED and our recipes are always NUT-FREE. Cook up some fun with it all school year- you'll never repeat a recipe!

**Field Hockey (Grades K-4)****Instructor:** Adam Falla**When:** Fridays 3:00-4:00 pm – 12 sessions**Cost:** \$430**Max number of students:** 20

Join us after school for field hockey fun! Learn one of the most popular team sports on the planet. The sessions are filled with instructive drills on the key techniques, lots of fun games, scrimmages & snacks.

Along with the game, we teach teamwork, sportsmanship, and bad dancing :)

Come and try a new sport this Fall!

## MIDDLE SCHOOL OPTIONS

**MONDAY Class Dates:**

Monday, January 13 - April 28, 2025

No Class Dates: 1/20, 2/17, 2/24, 3/17

**Creative Movement (Grades 5-8)****Instructor:** Emma Reith**When:** Tuesdays 4:00 – 5:00 pm – 12 sessions**Cost:** \$435**Max number of students:** 12

Calling all creative movers!

This class will teach dance techniques influenced by modern and hip-hop dance while encouraging emotional expression and storytelling through movement. Each class will include a warm-up, movement across the floor and center floor, and short dance combinations that will be built into a piece.

Dancing with these intentions will deepen students' relationships with their bodies, enhance spatial awareness and quick decision-making skills, increase self-confidence, and so much more!

**WEDNESDAY class dates:**

Wednesday, January 15 - April 9, 2025

No Class Dates: 3/19

**LIGHTS, CAMERA, ACTION! Filmmaking & Acting Club (Grades 5-8)**

**Instructor:** Lucy Owens

**When:** Wednesdays 3:30 – 5:00 pm – 12 sessions

**Cost:** \$505

**Max number of students:** 14

Ever thought your life deserved to be turned into a movie? Ever wanted to portray your work, an experience, or an event you witnessed in a TV show or Film? With the growing number of streaming and media outlets available, content creation is on the rise, new ideas are constantly welcomed and new writers are nurtured to create content for infinite audiences all over the world. SCRIPT SCHOOL educates students in skills needed to write, develop, and create professional material for Film & TV, through group sessions with other like-minded individuals, arming them with the tools needed to take their stories to the next level and turn them into a reality.

**THURSDAY class dates:**

Thursday January 16 - April 10, 2025

No Class Dates: 3/20

**Freestyle Sports (Grades 5-8)**

**Instructor:** Jasper Eden

**When:** Thursdays 4:00-5:00 pm – 12 sessions

**Cost:** \$420

**Max number of students:** 20

Freestyle Sports provides a multi-sport program for the lower school, where we work on one sport for a few weeks in a row, four different sports total (basketball, soccer, volleyball, baseball). Each sport will start with an introduction in the first class and by the last class, the group will have a basic understanding of all components of that sport.

**FRIDAY Class Dates:**

Friday January 17 - April 25, 2025

No Class Dates: 2/14, 3/21, 4/18

**Chamber Orchestra (Grades 6-8)**

**Instructor:** Gilles Bonneau

**When:** Fridays 3:00 – 4:45 pm (this class will run longer, Mr. Bonneau will communicate with parents when the last day will be)

**Cost:** \$275

The Chamber orchestra is open to String students in grades 6 – 8 seeking the reward of a more challenging repertoire and eager to reach a new level on their instrument. Rehearsals will feature a strong emphasis on musical expression and technical accuracy. The orchestra performs at the school concerts and a selection of special events. Private lessons are also strongly encouraged. Enrollment in the Fall semester of Chamber Orchestra is a requirement to take this class,