



Did you know that students on average spend 8.3 hours each day on screen media? **It's more important than ever to help students navigate their social world, including social media and technology, to fuel their health, happiness, and future success.**

We are thrilled that the Girls' School of Austin has partnered with The Social Institute to provide students, parents, and educators with the **#WinAtSocial Program** — empowering students to navigate the complex world of social media and technology positively.

As part of the program, this **Parent Toolkit** will help you empower your child(ren) with the skills, values, and experience to make positive, high-character decisions online and off.

[Here are the instructions access the Parent Toolkit](#)

GSA's Access Code is: **27974C9D235816**

Here's what to expect.

[Playbooks](#)

This is where you go to learn **how students use social platforms and how students can use them positively**. Written for both parent and student eyes, Playbooks give you the expert breakdown. Want to learn about an app before your child downloads it? Read the Playbook. Does your child want to join a new app? Encourage them to read the Playbook and coach you on what they learn.

[Learn more about Playbooks](#)

[View All Playbooks](#)

[Family Huddles](#)

These are short conversations about common social scenarios. Family Huddles reinforce important topics through casual conversation. These topics align with #WinAtSocial Lessons to extend the discussion beyond the classroom and to encourage students to engage with their families

Family Huddles include questions designed to spark deeper conversations, scenarios commonly experienced by students, and research studies to provide real-world examples.

[Learn more about Family Huddles](#)

[View All Family Huddles](#)

Wall of Wins

In TSI's work with schools across the country, many parents ask what it looks like to use social media and technology positively. So, they assembled the largest collection of positive, real-world examples. Because students can't be what they can't see.

Newsletter

Once a month, you'll receive an email from TSI. It's their way of **keeping you up to speed on the latest trends, apps, and news** related to students and social media. You are automatically subscribed when you became a member of the Resource Portal.

Thank YOU for helping empower your child(ren) to navigate their social world – social media and technology – to fuel their health, happiness, and future success.