

GSA Fall After School Program Descriptions

***Please Note After Care begins the second week of school, August 23rd**

**** All After School Programs begin September 7th with the exception of the Morning Running club with Coach Sparks which begins September 15th**

After Care (K-8)

After care is an informal program offered for the convenience of parents. If you do not pick up your daughter at the designated pick-up time, we assume that you intended for her to go to Aftercare although it is better if you can let your daughter and her teacher know in advance. For children picked up from 3:15 – 4:30 p.m. the charge is \$8.50 and for children picked up after 4:30 and before 5:30 p.m. it is \$17. We provide a snack and children can work on homework or engage in “free play.”

Mad Science (Grades K - 4)

Mad Science Instructor

Wednesdays 3:00 – 4:00

Cost: \$250 (12 sessions)

Capped at 20 students, minimum of 8.

Lights, Sights and Sounds of Science with NASA: Academy of Future Space Explorers.

Young Scientist will encounter the world of physical science in a fun, hands on environment that incorporates the educational standards required by the STAAR test. Join Mad Science for an amazing session with a new topic each week! Lights, sights, Sounds of Science will include the following topics: Harnessing Heat, Magnetic Magic, Optical Illusions, Sonic Sounds, Watts Up and Lights, Color, Action.

NASA: Academy of Future Space Explorers will include the following topics: Planet & Moons, Atmosphere and Beyond, Sun & Stars, Space Travel, Space Technology and living in Space. Young Scientists will experiment with light and sound, defy gravity with magnets, have a shocking time with Van de Graff generator, witness a rocket launch, train to be an astronaut and more!! Exploration will continue at home with a take home project each class. Join the fun and become a “Mad Scientist”!

Wicked Workshop (Grades K - 4)

Phyllis “Fifi” Henderson

Fridays 3:00 – 4:00

Cost \$400 (12 Sessions)

Capped at 18 Students

A Wicked Problem has innumerable causes, is tough to describe, and doesn’t have one right answer.

Explore architecture & the design process in this hands-on maker workshop as we imagine, plan and build space from the architect’s point of view. We’ll design for humans, mythical creatures, favorite pets, and other crazy characters that fuel your imagination! Your design inspiration will be explored through

the interactive process of character creation, story telling and model making. Phyllis Henderson “Fifi” is a mom, architect and educator. As an educator with a PhD in architectural history and theory, she knew that Design Thinking was being used outside of professional design practice to help resolve issues in multiple industries including business and societal sectors. As an architect, Fifi recognized this methodology as a direct extension of her traditional university architecture school curriculum and decided to scale that learning experience to kids. Visit Fifi’s Website www.wickedworkshop.org

Austin Youth Fitness: Fit-n-Fun Running (Grades K - 4)

Allison Phillips

Tuesdays 3:00 – 4:00

Cost \$310 (12 sessions)

Capped at 30 students Minimum of 8.

Play-Based Recreational Running + Overall Fitness

Since 2009, Austin Youth Fitness has been encouraging active lifestyles for all participants and promoting fitness fun! Our mission is to teach kiddos to love running and biking as well as the proper form and technique in order to be lifelong athletes.

During these unprecedented and uncertain times, Austin Youth Fitness is even more committed to providing a safe, healthy, and positive environment for all our runners and bikers. We know the importance of socialization to kids' health, both physical and mental.

<https://www.austinyouthfitness.com/>

Austin Youth Fitness: Beginner Biking and Biking (Grades K - 4)

Allison Phillips

Thursdays 3:00 – 4:30

Cost \$360 (12 sessions)

Capped at 30 students Minimum of 8.

Beginner Biking (Kinder – 1st Grade)

Biking (Grades 2 – 4)

Both groups meet at the same time. **You will need to provide your own bike.**

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ATX Yoga Girl (Grades 5-8)

Cynthia Bernard

Thursdays 3:45 - 4:30

Cost \$230 (12 sessions)

Capped at 12 students, minimum of 6.

This yoga program is a unique opportunity for grades 5th-8th to connect with their peers, and with themselves in a safe and supportive community. Yoga poses, journal prompts, breathing practices, affirmations, group activities, relaxation, and mindfulness are used as a gateway to support their emotional and social well-being. Each week includes a new practice focused on self-love, acceptance, empowerment, respect, kindness and so much more. This class is for all abilities, and all are welcome as we honor their individuality + have FUN!

*Yoga mats + journals will be provided.

Running Club (Grades 4-8) This class is held before school.

Coach Sparks

Mondays & Wednesdays 7:00A.M - 7:50 A.M (*Runs 9/15 - 10/27*)

Cost \$225

This popular running club with Coach Sparks is timed to culminate with the Run for the Water 5K on November 7th. This is a 7-week training, beginning September 15th and ending on the Wednesday prior to the race.

Portfolio Studio (Grades 1 -4)

Nancy Hoover

Mondays 3:00 - 4:15, (10 sessions)

Cost \$225

Capped at 12 students

Mrs. Hoover teaches new techniques and experiments with different mediums, not offered in the regular classroom! Extraordinary printmaking, clay, pastel, mixed media and other funtastic art explorations and inspirations will challenge our student's art IQ.

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Portfolio Studio (Grades 5-8)

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Wednesdays 3:00 – 4:30 (10 sessions)

Cost \$225

Capped at 12 students

Mrs. Hoover teaches new techniques and experiments with different mediums, not offered in the regular classroom. Extraordinary printmaking, clay, pastel, oils, mixed media and other art explorations for portfolio building (especially for those rising 8th graders who are interested in pursuing visual arts in high school), competitions and challenging our student art IQ and inspiration. Field Trip for “en plein aire” will be scheduled... and a few surprises. Limit 12 students.

Chamber Orchestra (Grades 6 -8 by Audition)

Gilles Bonneau

Fridays 3:00 – 4:30

Cost \$250

The Chamber orchestra is open to String’s students in grades 6 – 8 seeking the reward of a more challenging repertoire and eager to reach a new level on their instrument. Rehearsals will feature a strong emphasis on musical expression and technical accuracy. The orchestra performs at the school concerts and a selection of special events. Private lessons are also strongly encouraged. *Please note: Taking the All-Region Orchestra audition is a requirement. While success at the audition is not mandatory serious preparation for it is.*

Cooperative Board Games (Grades 5 – 8)

Brandon Ward

Tuesdays 3:45 – 4:30

Cost \$225 (12 Sessions)

Capped at 15 students, minimum of 4.

Understanding one another from the power of storytelling, gameplay and the power of cooperation. In Cooperative Board Gaming, come play and learn new strategy board games. In this unique style of board game, you and your teammates will be working toward a common goal, working to ensure victory for everyone. This class is intended to build communication skills, strategy, problem solving, and teamwork within framework of a cooperative board game. Learning to listen to teammates is especially challenging when you feel like you have the best move! Every member of the team will have an important role, so learning to respectfully assert yourself will also be critical. With a cohesive team, you

can have fun winning AND losing together. During this session, we will play a wide range of games with themes ranging from “*defending your castle from vicious monsters*” to “*recovering ancient relics from a sinking island.*” With every adventure exhilarating, you never know what will happen when you play cooperative board games!